

OUTDOOR PRACTICES 2010

Those who are new to the Astros Club or new/fairly new to field hockey should attend a minimum of ONE practice per week (more if you can make it) before the start of the season.

For those who did not play INDOOR Hockey or pay for indoor practices or who are new to the Astros club or Scorpions club, drop-in fee for practices is \$5 per session and payable at the start of each session.

- * Mon., March 29th – 6:30pm – 8:30pm, U of C Red Gym
- * Wed., March 31st, 9pm – 10:30pm, U of C Gold Gym

For the practices in the month of April, drop-in fee is \$5 per session at the Calgary West Soccer Centre for all participants.

- * Mon., April 5th, 8pm – 10pm, CWSC Field #4
- * Wed., April 7th, 8pm – 10pm, CWSC Field #4
- * Mon., April 12th, 8pm – 10pm, CWSC Field #4
- * Wed., April 14th, 8pm – 10pm, CWSC Field #4
- * Wed., April 21st, 8pm – 10pm, CWSC Field #4
- * Mon., April 26th, 8pm – 10pm, CWSC Field #2

There are also some preseason practices that the league (CLFHA) offers:

- * Tue., Apr. 20th, 8pm – 10pm, CWSC Field #2
- * Thu., Apr. 22nd, 8pm – 10pm, CWSC Field #2
- * Tue., Apr. 27th, 7pm – 9pm, CWSC Field #2
- * Thu., Apr. 29th, 7pm – 9pm, CWSC Field #4

Calgary West Soccer Centre – 11014 Bears paw Dam Rd. NW, 403-203-2972