Hello Astros Juniors and Parents,

We hope and are planning to have a more-normal return to play this spring for field hockey and are excited to welcome all of you back!

There have been some changes to the program, with the biggest change being that the clubs are now responsible for registrations, booking practices, providing uniforms, and collecting fees.

**REGISTRATION STEPS**:

1. Astros U14/U16/New-U18s Registration - [Astros Junior Registration](https://www.astrosfieldhockey.com/forms/13244-Astros-Junior-Registration)
2. 2021-22 FHA/FHC Membership (choose JUNIOR) - [FHA/FHC Membership and Insurance](https://www.rampregistrations.com/login?v3=1052d84f)
   * Valid from Sept. 1/2021 – Aug. 31/2022
   * If you/your athlete played 2021 Fall Outdoor League and/or 2022 Winter Indoor, you do not need to purchase this again until Sept. 1/2022
3. Experienced U18 athletes may complete the regular Astros registration - [Astros Club Registration](https://www.astrosfieldhockey.com/forms/11087-Astros-Club-Registration)

**PRACTICES**:

* **March** Preseason Practices (Inside)
  + March 17, 24, 31 will be 7:30pm – 9:30pm at U of C Gold Gym, Kinesiology Building, Block A
* **April** Practices (Inside)
  + April 7, 14, 21, 28 will be from 7pm – 9pm at [Genesis Centre](https://genesis-centre.ca/), Indoor Turf, #10, 7555 Falconridge Blvd. NE
* **May** Practices (Inside)
  + May 4, 11 will be from 7:30p – 9:30pm at [Genesis Centre](https://genesis-centre.ca/), Indoor Turf, #10, 7555 Falconridge Blvd. NE
* **May** Practices (Outside) – TBC
  + Practices will likely be Wednesdays and/or Thursdays
* **June/July** (Outside) – TBC
  + Practices will likely be Wednesdays and/or Thursdays
  + Last practice will be July 13/14

**IMPORTANT DATES**:

* May 14 – League Games commence
* May 21 – Victoria Day Weekend - Off
* May 28 – Red Deer Festival
* June 18 – Edmonton Festival
* July 2 – Canada Day Weekend – Off
* July 16 – Last League games
* July 23 – Calgary Festival

**OTHER THINGS**:

* **League games will be on SATURDAYS**
* U14s and U16s will be 11v11, so full field games
* Fees will be approx. $350 - $400 and can be paid via e-Transfer to [astrosfh@telusplanet.net](mailto:astrosfh@telusplanet.net)
  + You will get an invoice via TeamSnap once you have completed Registration Step #1 above.
  + Include: cost of practices, uniform (jersey, long-sleeved shirt, socks), league fee
* Contact(s) to purchase field hockey equipment – sticks, shin guards, gloves, bags
  + Hamza Sohail – [hamzaues@gmail.com](mailto:hamzaues@gmail.com) or 587-892-7171
  + Sohail Abdullah – [sohail63@gmail.com](mailto:sohail63@gmail.com) or 403-690-6195
* Optional Astros Club Apparel
  + Some athletes have ordered red sweatshirts, red hoodies, black sweatpants, etc.
  + Order Form - [Astros Club Gear Order](https://docs.google.com/forms/d/e/1FAIpQLScBc_DzpbzqR572UloP78UDMG0WU3DoURExGdjJxf0PDn4eww/viewform?usp=sf_link)

**PLAYERS WILL NEED**:

* To wear T-shirt, shorts, and running shoes
* Shin guards (soccer ones will be fine to start), mouth guard (available at Sport Chek), water bottle

**PARENT MEETING**:

* There will be a PARENT MEETING on Thursday, April 14th to share the ins and outs of the upcoming spring season.
* Please bring a $100 post-dated cheque for the volunteer bond (payable to Astros FHC and post-dated to July 31, 2022)

**ITINERARY FOR PARENT MEETING**:

* Info about our club and coaches
* Info about practices and games
* Info about festivals
* More info about the $100.00 volunteer bond cheque
* Discussion about volunteer jobs
* How to sign up for volunteer jobs
* Questions from parents

**ASTROS JUNIOR COACHES**:

* Laura Ferguson
* Kristen Murray
* Emily Gilman
* Sam Zimmerman
* Sharon Bhola – coach mentor
* Venus Kwan – coach mentor
* Other coaches to be confirmed

Like you, we are looking forward to getting back to some normalcy again and are super excited to have you all join us again this spring!

Verla Wong

Astros Club President

[Astros Field Hockey Club](https://www.astrosfieldhockey.com/clubs/4268)

Email: [astrosfh@telusplanet.net](mailto:astrosfh@telusplanet.net)